

About Parkinson's Disease

Parkinson's Disease affects 1.5 million people in the US and, according to the National Institutes of Health, about 50,000 new cases are reported annually. It is a chronic neurodegenerative illness with variable progression. Many features of the illness can cause increasing disability over time.

About the Walk

Held every April during National Parkinson's Disease Awareness Month in Philadelphia's beautiful Fairmount Park, our walk has raised almost \$1.2 million in the last 10 years to support our core programs. We started with fewer than 300 participants in 2001. Today, the walk is our largest gathering of supporters, volunteers, families, teams and caregivers.

Please join us for a 3-mile walk beginning at Lloyd Hall on Kelly Drive. We will continue toward the St. Joe's boathouse turnaround point and return to Lloyd Hall for celebration activities inside the gymnasium.

About The Parkinson Council

As an affiliated chapter of the National Parkinson Foundation (NPF), The Parkinson Council is dedicated to promoting research initiatives to find the causes and cure for Parkinson's Disease, educating patients, their caregivers, healthcare professionals and the general public about Parkinson's and improving the quality of life for patients and their families.

Thank you to our sponsors:



111 Presidential Blvd.
Suite 250
Bala Cynwyd, PA 19004



Walk to **make**
a difference in the
lives of people living
with Parkinson's

Join us on
Saturday, April 21, 2012

Registration 8:00 A.M.
Walk starts at 9:00 A.M.

Lloyd Hall at Kelly Drive
1 Boathouse Row
Philadelphia, PA 19130

walk.theparkinsoncouncil.org

Nonprofit Org.
U.S. Postage PAID
Upper Darby, PA
Permit No. 689

Where the Money Goes

- Movement and wellness classes to improve the quality of life for people with Parkinson's.
- Patient care and management services.
- Resource referral services.
- Annual symposium to educate PD patients, caregivers on latest research and techniques for coping with PD.
- Training and research at Jefferson's Farber Institute, University of Pennsylvania's Parkinson's Disease Disorder Center and Center for Neurodegenerative Disease Research Drug Discovery Program.
- Equipment to help Parkinson's patients with financial hardships stay mobile and engaged.

A Family-friendly Event!

Register Now!

The Parkinson's Council encourages you to "go green!" **Please register online at www.walk.theparkinsoncouncil.org** to create your team page and send emails to supporters on your progress.

Once you're registered, you'll have your own walk page to personalize and share via Facebook and Twitter. In addition, by asking your supporters to donate to your efforts online, you and your team will receive immediate credit!

For tips and tricks for recruiting walkers and raising funds, please visit our walk site or call us at 610.668.4292. All registrants get a Stamp Out Parkinson's t-shirt!

Questions? Please visit our FAQ link online.

Join us for the After Party!

To celebrate our efforts, we are throwing a post-walk party! The fun, music and food start at 10:30am, so ***stick around and join us!***

Donation Form

(People supporting your efforts, but not walking)

Name _____ Donation amount _____

Email or mailing address _____

Name _____ Donation amount _____

Email or mailing address _____

Name _____ Donation amount _____

Email or mailing address _____

Name _____ Donation amount _____

Email or mailing address _____

Or enter donations at www.walk.theparkinsoncouncil.org.

New! Champion's Circle

When your team raises \$1500 or more, your team will automatically be part of the **Champion's Circle!** What does that mean? Your team's name will be listed on the official Stamp Out Parkinson's 2012 t-shirt and listed on the walk microsite. As team captain, we have some incentives to get you started. By being the: **1.)** First team to sign up; **2.)** First team to reach \$5000; **3.)** Team Captain with the largest single donation; and/or **4.)** Team with the most walkers...

...you qualify for gift certificates to restaurants, sporting goods and outdoor adventure stores, music and entertainment.

Walker Registration Form

Please complete one form per walker* or **register online at www.walk.theparkinsoncouncil.org**.

There is a registration fee of \$25 per walker.

Name (please print!) _____

Address _____

City, State _____

Zip _____

Email _____

Phone _____

***Waiver:** As a participant in Stamp Out Parkinson's, I agree to release all claims or demands against The Parkinson Council, sponsors or any personnel for any injury I might suffer in this event. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

Signature (parent signs if under 18) _____

Payment

If registering more than one walker, attach separate registration forms and group all fees into one payment. **No cash will be accepted.**

- Enclosed is a check for the \$25 registration fee
- Please charge my Visa / MC (circle one)

Card number _____

Expiration date _____

Security code _____

Name (as it appears on the card) _____

- I am unable to participate but please accept my donation in the amount of \$ _____
- In support of In honor of In memory of

Individual name or team name _____